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GYNECOMASTIA EXPERIENCE

WHAT HAPPENS DURING SURGERY?

Gynecomastia procedure includes the following steps:

- Anesthesia: The options include intravenous sedation and general anesthesia.
- **Liposuction Technique:** In cases where gynecomastia is primarily the result of excess fatty tissue, liposuction techniques alone may be used. This requires insertion of a cannula, a thin hollow tube, through several small incisions.
 - The cannula is moved back and forth in a controlled motion to loosen the excess fat, which is then removed from the body by vacuum suction.
 - There are various liposuction techniques that may be used; the technique most appropriate in your case will be defined prior to your procedure.
- **Excision techniques** are recommended where glandular breast tissue or excess skin must be removed to correct gynecomastia. Excision also is necessary if the areola will be reduced or the nipple will be repositioned to a more natural male contour. Incision patterns vary depending on the specific conditions and surgical preference.
- **Combination of liposuction & excision techniques**

Recovery

During your **gynecomastia surgery recovery** period, dressings or bandages will be applied to your incisions and an elastic bandage or support garment may be used to minimize swelling and support your new chest contour as it heals after surgery.

A small, thin tube may be temporarily placed under the skin to drain any excess blood or fluid that may collect.

Gynecomastia surgery results are immediately visible. Over time, post-surgical swelling will resolve and incision lines will fade. Satisfaction with your new image should continue to grow as you recover from surgery.

The final results of your gynecomastia surgery will appear over the next few months. Incision lines are permanent, but will continue to fade over time.

Gynecomastia surgery scars

Any surgical treatment to correct gynecomastia will require incisions. While most incision lines are concealed within natural contours, some may be visible and are a necessary result of male breast reduction surgery.

All gynecomastia surgery scars are permanent, even though some scars may be concealed in the natural contours of the breast. Your improved upper body will likely enhance your self-image and confidence, whether in a shirt and tie, a t-shirt, or baring your chest at the beach.

The practices of medicine/surgery is not an exact science. Although good results are expected from your procedure, there is no guarantee. In some situations, it may not be possible to achieve optimal results with a single surgical procedure to treat gynecomastia.

Another surgery may be necessary:

- To perform additional tightening or repositioning of the breasts
- To treat any complications that may occur